### Warning Signs
- Excessive jealousy—Keeping constant tabs on you via social media
- Constant checking in with you, or making you check in with them
- Attempts to isolate you from friends and family
- Insulting or putting down the people you care about
- Too serious about the relationship too quickly
- Has had a lot of bad relationships—and blames all of the problems on previous partners
- Very controlling—Demand for passwords, giving orders, constant critique of wardrobe
- Blames you for provoking them to mistreat you
- Doesn’t take responsibility for their own actions
- Has an explosive temper (“blows up” a lot)
- Pressures you into sexual activity
- History of fighting, mistreating animals, or brags about the mistreatment of others
- Believes strongly in stereotypical gender roles for males and females
- You’re afraid of communicate with your partner, because it may provoke them
- Owns or Uses weapons
- Refuses to let you end the relationship

### Consent
- Voluntary
- Enthusiastic
- Wanted
- Informed
- Mutual
- Never implied or assumed
- Asked for every sexual activity

*Consent is essential and fosters communication, respect, and honesty*

### Myth:
It’s only rape if the victim puts up a fight or resists

### Fact:
You do not need to resist in order to charge the offender with rape or sexual assault. NOT fighting back does NOT mean consent. The survivor may not fight back for a number of reasons.

### Sexting
Sexting is the sharing of suggestive or explicit photos by electronic means, usually by text message.

- Sending nude photos is illegal if the person depicted is younger than 18 and it is considered to be child pornography.
- “It is a crime to create, produce, copy or finance child pornography or to persuade or cause a child to engage in the making of child pornography.” - Mich. Comp. Laws Ann. § 750.145c.

### The Punishment:
- Making child pornography: up to 20 years in prison and/or $100,000 fine
- Distributing child pornography: up to 7 years in prison and/or $50,000 fine
- Possession of child pornography: up to 4 years in prison and/or $10,000 fine
- Distributing “obscene” Material (nude or suggestive photos): misdemeanor and no more than 1 year in jail and/or $100,000 fine
- All forms of conviction require to register as sex offenders

### Volunteer Opportunities
- Sexual Assault Supportive Volunteer
- Childcare Aid
- Marketing/Fundraising Volunteer
- Office/clerical
- Shelter Services Aid
- Special Event Volunteer
- Social Media Intern
- Transitional Housing Intern
- Specialized Professional Services

Visit our website at www.ywcakalamazoo.org or stop by the YWCA for a volunteer application!
YWCA Kalamazoo is dedicated to promoting healthy relationships through engaging presentations rooted in the empowerment model, bystander intervention and violence prevention. YWCA Kalamazoo Healthy Relationships Presentation Series aims to raise awareness, build personal and collective responsibility, and provide skills to challenge violence throughout our lives and community.

For questions or more information, please contact Brittani Decess, Community Impact Coordinator at (269) 345-5595 or email bdecess@ywcakalamazoo.org.

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CONTACT

Community Education Presentations:

1st—3rd grade
- Very Important People

Middle School
- Building Boundaries/Social Media Safety

High School, Collegiate & Adults
- Introduction to Sexual Assault and Rape Culture
- Introduction to Dating and Domestic Violence

HEALTHY RELATIONSHIPS

RESPECT
ACCEPTANCE
COMMUNICATION
TRUST
CARE
PATIENCE

Laughter
Boundaries
Expressions

Encouragement
Appreciation
Validation

Healthy Relationships
Love
Value

LIVE UNITED
United Way
www.unitedway-kal.org

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