

A photograph of three diverse women standing in front of a white brick wall. The woman on the left has short blonde hair, is wearing a brown long-sleeved shirt and a green scarf with red floral patterns, and has her right arm raised. The woman in the center has long dark hair, is wearing a green sleeveless top, and has her hands on her hips. The woman on the right has long wavy blonde hair, is wearing a red dress, and has her left arm raised. All three women are smiling broadly and appear to be cheering or celebrating.

eliminating racism
empowering women

ywca

Kalamazoo

2018 YWCA Kalamazoo Annual Report

YWCA
**IS ON A
MISSION**

IT TAKES COMMITMENT



YWCA Kalamazoo Staff Members

2018 Board Of Directors

Board Officers
Sarah Sandell, Chair
Heather Haigh, Vice Chair
Marla Williams, Treasurer
Martha Upjohn, Secretary

Board Members
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Jen Holder
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Dear YWCA Friends and Family,

As you page through this report, we hope you can feel the passion and dedication that underlies all of our work at the YWCA to support the women, children, and families in our community. This past year we have worked intentionally to unwind the struggles of violence and abuse, racism, sexism and poverty with professionalism and kindness. We have focused on meeting people where they are to provide social, emotional, legal and therapeutic supports.

Our work to Eliminate Racism and Empower Women encompasses our four strategic areas: Caring for Victims of Abuse, Improving the Lives of Children, Promoting Maternal and Child Health, and Advocacy and System Change.

We are proud to share with you, our supporters and donors, that the YWCA's growth in the depth of our services is positioning us to not only be leaders in Kalamazoo, but in the state and around the nation for our comprehensive services for women, children, and families. We have had several opportunities this year to showcase our work and successes, all made possible through the support and contributions of many.

Thank you for the support and commitment given to us by many of you, our community of friends and family, through your donations and volunteerism. We invite all who read this to learn more about the YWCA and ways in which you can lend your support to help others.

You make our work possible and, for that, we are grateful.

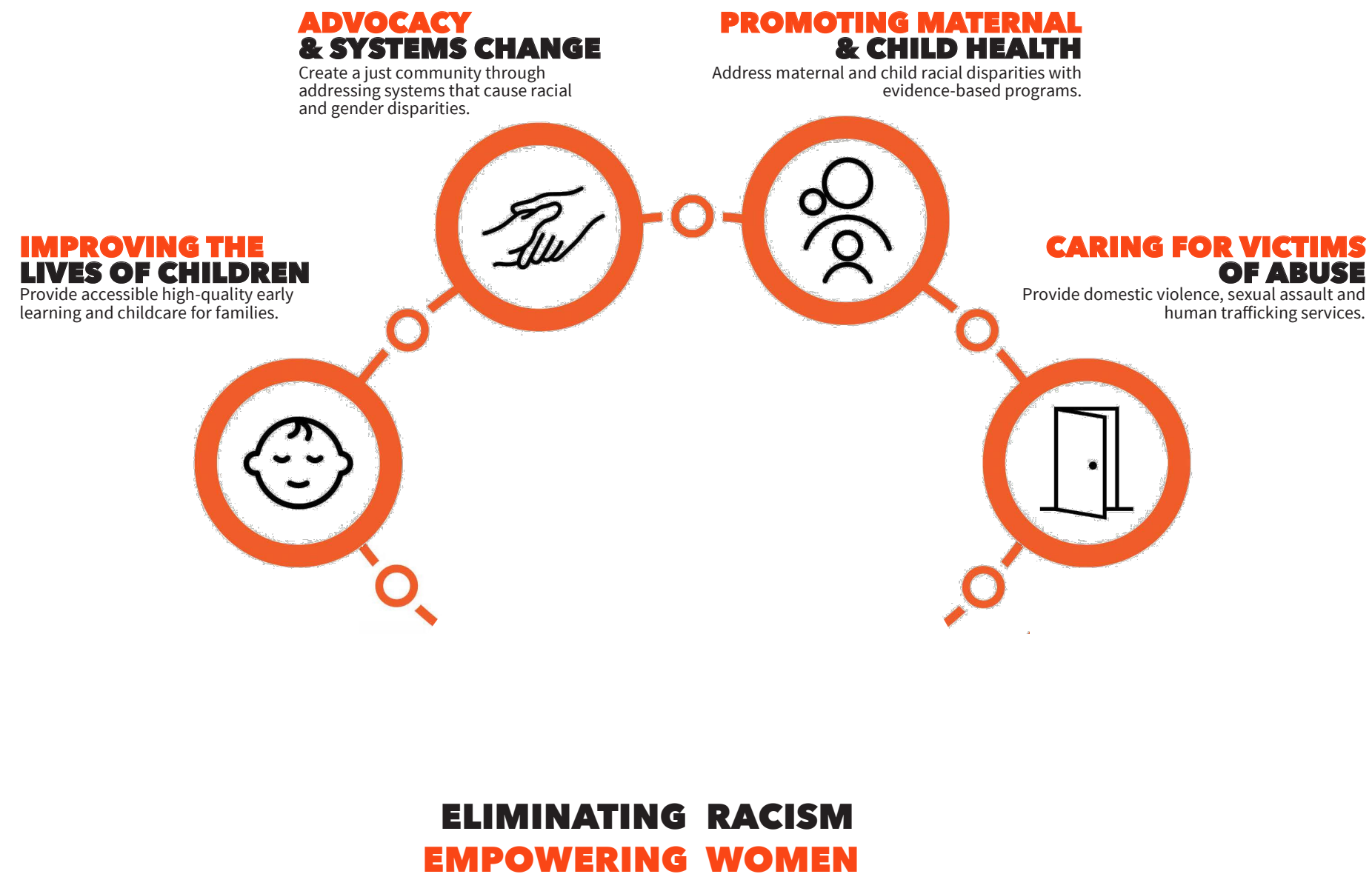


Sarah Sandell
2018 YWCA Kalamazoo Board Chair (Right)

Dr. Grace Lubwama
YWCA Kalamazoo CEO (Left)

YWCA Kalamazoo

STRATEGIC FOCUS AREAS





CARING FOR VICTIMS OF ABUSE

Providing domestic violence, sexual assault and human trafficking services.

“Thank you for all of your support and help, it was exactly what I needed in a time where I felt my worst” -Client

Domestic Assault Program

**542
Clients**

of intimate partner violence received supportive services.

Sexual Assault Program

**192
Clients**

received Sexual Assault Nurse Examinations (SANE) in a supportive setting through our partnership with Sexual Assault Services of Battle Creek and Bronson Healthcare.

Human Trafficking Program

1st shelter

in Michigan was opened by the YWCA for labor and sex trafficking survivors. Supportive services including legal, advocacy, case management and therapy were provided to 29 clients.

Therapy

**1,626
Hours**

of therapeutic services were provided to 210 victims/survivors of abuse.

Legal

**126
Clients**

received 1,086 instances of free legal representation and consultation on family law, crime victims rights, housing laws, personal protection orders, and immigration matters.

HOUSING SERVICES & CRISIS INTERVENTION

**2,102
Calls**

taken by our 24-hour crisis line from victims, friends and family to secure services and referrals.

**20,889
Nights**

of emergency shelter and support.

**636
Children**

received emergency shelter and support.

**399
Adults**

received emergency shelter and support.



A 10 year-old victim of sexual assault read a survivor letter in the self-care kits she received after a sexual assault exam. She immediately looked at her grandma and said

“How do they know me?”

It was the beginning point in her journey of healing.



IMPROVING THE LIVES OF CHILDREN

Providing accessible high-quality early learning and childcare for families.

YWCA Children's Center

**85
Children**

received trauma-informed, high-quality childcare designed to nurture a child's unique social-emotional development and enrich their early education to prepare them for kindergarten.

Parent Engagement

**103
Parents**

supported their children by attending family activities.

Trauma Support

**750
Hours**

of social-emotional programs for children living in our domestic violence shelter.

Tuition Assistance

\$253,000

provided by the YWCA.

92%

of children met or exceeded developmental goals.

TechGYRLS

**52
Girls**

participated in TechGYRLS STEAM programming through spring break, winter day camps, and after-school activities.





ADVOCACY & SYSTEMS CHANGE

Creating a just community through addressing systems that cause racial and gender disparities.

Community Education Training

4,617
Community members

participated in 104 presentations.

Prevention Education

2,545
Students

attended 102 classroom presentations at local elementary, middle and high schools, as well as youth organizations, colleges and universities in Kalamazoo County.

Advocacy and Public Policy

YWCA Kalamazoo was selected to represent Michigan as 1 of 3 pilot states for an advocacy initiative to eliminate policies and practices that criminalize youth of color.

Staff spent 29 hours engaging with elected officials to positively affect systems change related to education, human trafficking and domestic violence.

70
Staff members

attended the Racial Equity Training which focuses on internal transformation to elevate racial equity among staff.

"The Presenter did a great job reminding participants of ways we may have biases and how to overcome them."
- Participant

"I raise up my voice - not so that I can shout, but so that those without a voice can be heard."
- Malala Yousafzai





PROMOTING MATERNAL & CHILD HEALTH

Addressing maternal and child racial disparities with evidence-based programs.



Home Visitation Program

YWCA Kalamazoo is uniquely positioned to serve a population not eligible for other home visitation programs. Our program keeps families engaged before, during, and after pregnancy and empowers participants to make decisions about their health and their children's health.

174
Referrals

of eligible pregnant or parenting mothers were received.

242
New enrollments

*to YWCA's home visitation program (WISH), a **91% increase from 2017**. Clients received services from specially trained social workers, nurses and outreach staff.*

Pre-natal Care

**>80% of women of color &
>70% of women in poverty**

received services in their first trimester, thus improving healthy birth outcomes.

543
Participants

attended Cradle Kalamazoo educational activities, baby showers and other events led by YWCA Kalamazoo.

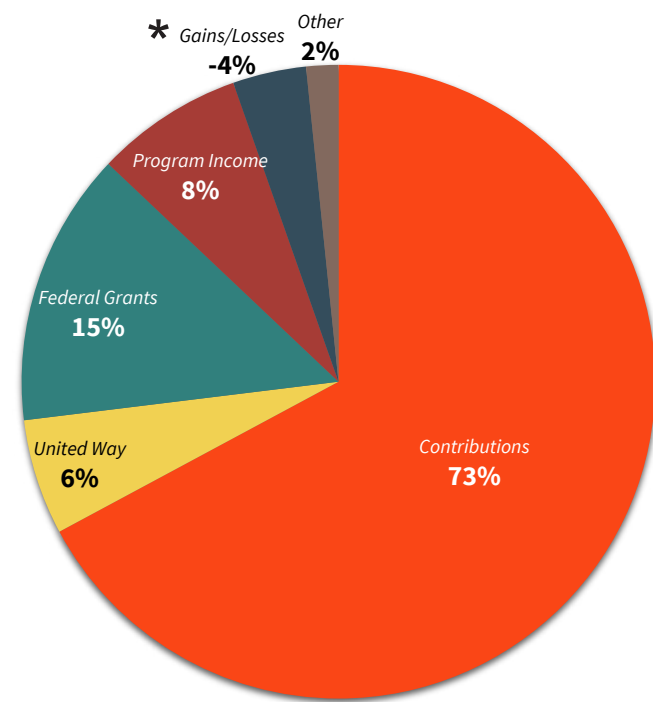


cradle
K A L A M A Z O O

YWCA KALAMAZOO

2018 FINANCIAL POSITION

Total Revenue 2018

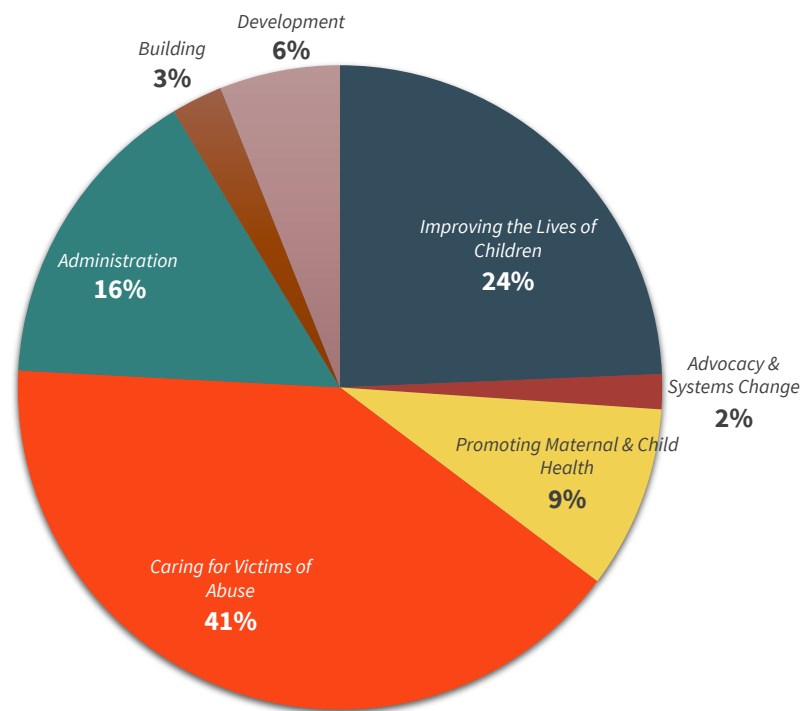


* Realized & unrealized gains (losses) as determined by market conditions as of 8/31/18.

76%
of every dollar goes
directly to programs
for the women, children
and families in our community.

* as adopted under ASU No. 2016-14

Expenses 2018



YWCA Kalamazoo programs are supported in part by the following governmental funders:

- City of Portage
- Federal Emergency Management Agency/ Emergency Food and Shelter Program
- Michigan Department of Health and Human Services
- Michigan Crime Services Commission1
- Michigan Domestic and Sexual Violence Prevention and Treatment Board2
- Michigan Emergency Shelter Partnership Program
- Michigan Department of Education
- Michigan State Housing Development Authority

1. This project, Assisting Victims of Domestic and Sexual Assault and Human Trafficking, was supported by Crime Victim Assistance Grant Awards 20192306-00, 20192430-001, and 20192328-001 awarded to YWCA Kalamazoo by the Michigan Crime Victim Services Commission, Michigan Department of Health and Human Services. The grant awards totaling \$1,138,313 (80% of the project), comes from the Federal Crime Victims Fund, established by the Victims of Crime Act of 1984. YWCA Kalamazoo provides the required match in part by the use of volunteers valued at \$251,109 (est. 4,396 hours).

2. YWCA wishes to thank the Michigan Domestic and Sexual Violence Prevention and Treatment Board (The Board) for their financial support of this project. Points of view in this document are those of the author and do not necessarily represent the official position or policies of The Board.

THANK YOU to our Donors, Sponsors, Members & Volunteers

You make the difference



Thank you for your support!



Your **COMMITMENT** helps serve victims and survivors, provide high-quality childcare, promote racial and gender equity, and address maternal issues throughout the **KALAMAZOO** community.

IT TAKES YOU.

“I love the YWCA. Without it I don’t think I would have survived my trauma” - **Client**

“The programs are very uplifting, I got my chance to work on myself as an individual and take care of my children”- **Client**

“The future depends entirely on what each of us does every day; a movement is only people moving.”
-**Gloria Steinem**

IT TAKES **YOU**

**JOIN US IN OUR MISSION TO
CREATE REAL CHANGE FOR
WOMEN, CHILDREN AND FAMILIES
IN **KALAMAZOO** COUNTY.**



eliminating racism
empowering women

ywca
Kalamazoo

SAFE
SPACE LGBTQIA



MICHIGAN
DOMESTIC VIOLENCE
PREVENTION &
TREATMENT BOARD



United Way of the
Battle Creek and
Kalamazoo Region
changehistory.org